

# **Safety Zone Field Training**

## **Equipment Awareness**

### **Blind Spots**

Working around heavy equipment is very dangerous. Did you know that the #1 cause of death for highway construction workers was getting backed over by someone working with you? Heavy equipment, dump trucks, and belly dump truck/trailers all have huge blind spots. You must understand the problem and keep it in mind constantly while working on our jobs. A good rule of thumb is, don't get within 20 feet of a piece of equipment unless you let the operator know where you are. **EYE CONTACT**

### **Quick Movement**

Road building equipment moves fast. It can go from parked to its operating speed very quickly. If you have your back to the equipment and not paying attention, an operator may not see you until it's too late. Setting blue-tops for grade work is very dangerous. Make sure everyone knows where you are before you bend over to set stakes.

### **Eye Contact**

The best way to ensure your safe is to keep eye contact with the operators. Make sure they see you. Wear your safety vest at all times, keep it zipped up, and don't walk behind equipment.

### **Walking around trucks and equipment**

Never walk behind equipment or trucks. Always walk in front of them. If you are passing from one side to the other always take the route that puts you in front of the equipment. At least you have a better chance of the operator or driver seeing you. **EYE CONTACT**

### **Operators**

**YOU ARE RESPONSIBLE!!!** You must look before moving. If you have a blind spot – you are responsible for getting out and making sure it is safe to move. Honk your horn and have someone on the ground check to see if you are clear. How many fire hydrants, telephone stands or other items will you back over before you kill someone? Safety should be #1 on your mind. Keep someone with you to be a spotter. Never put your equipment in reverse if you have not looked to the rear first.

# **KEEP A 20 FOOT SAFETY ZONE**